



RTC Online Academy

Dedicated to the memory of Marianne Smith, retired Assistant Director of RTC

October 4, 2017 – November 15, 2017

Emotional Intelligence, Reflective Practice and The Theory of Self-First

Instructor: Cecile Wren

Grant funded – **Free 15 hour Online Course**

Target Participants: Teachers, Support personnel (guidance, social workers, and/or psychologists), and Administrators.

CTLE, Inservice, Professional Learning

Social Work CEUs are available for this course through Rockland BOCES.

A \$25 fee applies to be paid to Rockland BOCES.

This 15 hour online course will allow participants the opportunity to develop skills that will enable them to identify, use, understand and manage their emotions and the emotions of others. By developing these competencies participants will:

- reach new heights in being responsible decision makers
- utilize multiple points of view
- be creative problem solvers who make sound, ethical and effective decisions
- explore research-based skills and competencies that have a positive impact on their professional and personal lives

The skills, competencies, and strategies utilized throughout the coursework are research-based and are aligned with the MSCEIT (Mayer, Salovey, Caruso Emotional Intelligence Test – Yale University) and the CASEL (Collaborative for Academic Social and Emotional Learning) Competencies.

Register on MyLearningPlan at www.rockteach.org.

If you already have a MyLearningPlan ID, register at www.mylearningplan.com

Participants are expected to log in and work with the class site **at least** 3 times each week.

Course Syllabus available on request.

Please secure approval from your home district, if needed, in advance.

No refunds will be issued after the start of the OLA courses.

RTC OLA is administered by Rockland Teachers' Center, Rockland BOCES, Building 10PDC, 65 Parrott Road, West Nyack, NY 10994.

Questions? Contact Rockland Teachers' Center:

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